

Health Awareness Days 2020

National Department of Health

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JAN

Sunsmart Skin Cancer Awareness Month (1 December to 31 January)
4 World Braille Day
26 World Leprosy Day

FEB

Healthy Lifestyle Awareness Month / Reproductive Health Month
Environmental Health Awareness Month
4 World Cancer Day
10 International Epilepsy Day
10-16 National Epilepsy Week
10-16 STI/Condom Week
10-16 Pregnancy Awareness Week
11Feb-27March Human papillomavirus (HPV) vaccination first round
15 Healthy Lifestyle Awareness Day

MAR

TB Awareness Month
3 World Hearing Day
3 World Birth Defects Day
8 International Women's Day
4-10 World Salt Awareness Week
8-14 World Glaucoma Week
12 World Kidney Day
20 World Head Injury Awareness Day
21 Human Rights Day
21 World Down Syndrome Day
24 World TB Day



NATIONAL HEALTH INSURANCE
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APR

Health Awareness Month
2 World Autism Awareness Day
7 World Health Day
17 World Haemophilia Day
20-36 African Vaccination Week
25 World Malaria Day

MAY

Anti-Tobacco Campaign Month/Burns Awareness Month
International Multiple Sclerosis Month
5 World Hand Hygiene Day
5 International Midwives Day
3-10 Hospice Week
6-12 National Burns Awareness Week
8 World Red Cross Day
10 Global Move for Health Day
12 International Awareness Day for Chronic Immunological and Neurological Diseases
12 International Nurses Day
15-15June Go Torquise for the Eldery Campaign
17 World Hypertension Day
31-7June National Child Protection Week
28 International Day of Action for Women's Health
31 World No Tobacco Day

JUN

Men's Health Month
National Blood Donor Month
National Youth Month
Go Torquise for the Eldery Campaign
1 International Children's Day
5 World Environment Day
7 National Cancer Survivors Day
1-7 World Heart Rhythm Week
14 World Blood Donor Day
15 World Elder Abuse Awareness Day
16 Youth Day
22-28 SANCA Drug Awareness Week
25 World Vitiligo Day
26 International Day Against Drug Abuse and Illicit Drug Trafficking



JUL

Mental Illness Awareness Month
6-10 Corporate Wellness Week
11 World Population Day
18 Nelson Mandela International Day
28 World Hepatitis Day

AUG

Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)
National Women's Month
Organ Donor Month
Child Health Month
1-7 World Breastfeeding Week
1-7 CANSA Care Week
3-9 Rheumatic Fever and Rheumatic Heart Disease Awareness Week
11-20 Sep HPV vaccination second round
8-14 Polio Awareness Week
9 National Women's Day
12 International Youth Day
26-31 African Traditional Medicine Week
31 African Traditional Medicine Day

SEP

Albinism Awareness Month
Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)
Cervical Cancer Awareness Month
Childhood Cancer Awareness Month
Eye Care Awareness Month (23 September to 18 October)
Muscular Dystrophy Awareness Month
Heart Awareness Month
National Month of Deaf People
National Oral Health Month
Pharmacy Month
7-11 National Kidney Awareness Week
9 International Foetal Alcohol Syndrome Day
10 International Gynaecological Health Day
14 National Attention Deficit Hyperactivity Disorder Day
21 National Sunflower Day
21 World Alzheimer's Day
23-29 World Retina Week
25 World Pharmacist Day
26 World Environmental Health Day
26 World Contraception Day
28 World Rabies Day
29 World Retina Day
29 World Heart Day

OCT

Attention Deficit Hyperactivity Disorder Month/Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)
Eye Care Awareness Month (23 September to 18 October)
Breast Cancer Awareness Month / Mental Health Awareness Month
1 International Day of Older Persons
7-11 Back Care Awareness Week
9-19 National Nutrition Week
9-19 National Obesity Week
10 World Mental Health Day
10 World Sight Day
10 World Hospice and Palliative Care Day
12 World Arthritis Day
12-16 School Health Week
12-20 World Bone and Joint Week
11-17 National Case Management Week
13 International Day for Natural Disaster Reduction
14-16 Rotary Family Health Day Outreach Campaign
15 Global Handwashing Day
16 World Food Day
16 World Spine Day
16 World Restart A Heart
17 World Trauma Day
17 International Day for the Eradication of Poverty
17 National Emergency Medical Services Day
20 National Down Syndrome Day
20 World Osteoporosis Day
20-26 International Lead Poisoning Prevention Week
21 Global Iodine Deficiency Disorders Prevention Day
24 World Polio Day
28 to 30 Nov National Stroke Week
29 World Stroke Day
30 Africa Food and Nutrition Security Day

NOV

Quality Month / Red Ribbon Month
3 to 3 Dec Disability Rights Awareness Month
2-6 SADC Malaria Week
6 SADC Malaria Day
7 National Children's Day
8 World Radiography Day
12 World Quality Day
16-22 World Antibiotic Awareness Week
14 World Diabetes Day
17 World Prematurity Day
25 International Day for the Elimination of Violence against Women
25 to 10 Dec 16 Days of Activism for No Violence Against Women and Children

DEC

Prevention of Injuries Month
Sunsmart Skin Cancer Awareness Month (1 December - 31 January)
1 World AIDS Day
3 International Day of Persons with Disabilities
5 International Volunteer Day
9 World Patient Safety Day
10 International Human Rights Day
12 Universal Health Coverage Day



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